

## MONDAY

## TUESDAY

## WEDNESDAY

## THURSDAY

## FRIDAY

**1**

### Home Features

- Chicken Enchiladas
- Sante Fe Rice

### Pizza

- Cheese Pizza
- Pepperoni Pizza

### Grill Served Daily

- French Fries
- Hamburger
- Cheeseburger
- Spicy Breaded Chicken Sandwich
- Popcorn Chicken
- Dinner Roll

### Deli Grab and Go

- Breaded Chicken Filet Caesar Salad
- Dinner Roll
- Sun Butter & Jelly Sandwich
- Ham & Cheese Sub

### Fruit and Vegetable Sides

- Fresh Orange
- Applesauce
- Sweet Potato Fries
- Fresh Spinach with Strawberries
- Fresh Cucumber Slices

### Milk, Juice, & Condiments

- Fruit Juice
- 1% Milk
- Chocolate Skim Milk
- Ketchup
- Mayonnaise
- Mustard
- Margarine
- Ranch Dressing
- BBQ Sauce
- Taco Sauce

**2**

### Home Features

- Penne with Tomato Alfredo and Chicken
- Dinner Roll
- Parm It Topping

### Pizza

- Cheese Pizza
- Meat Lover's Pizza

### Grill Served Daily

- French Fries
- Hamburger
- Breaded Chicken Sandwich
- Cheeseburger
- Popcorn Chicken
- Dinner Roll

### Deli Grab and Go

- Turkey Chef Salad
- Dinner Roll
- Sun Butter & Jelly Sandwich
- All-American Sub

### Fruit and Vegetable Sides

- Fresh Watermelon Cubes
- Diced Peaches
- Fresh Cauliflower
- Garden Salad
- Vegetarian Baked Beans

### Milk, Juice, & Condiments

- Orange Juice
- 1% Milk
- Chocolate Skim Milk
- Ketchup
- Mayonnaise
- Mustard
- Margarine
- Ranch Dressing
- BBQ Sauce
- Taco Sauce

**3**

### Home Features

- BBQ Pork Riblet Sandwich

### Pizza

- Cheese Pizza
- Pepperoni Pizza

### Grill Served Daily

- French Fries
- Hamburger
- Cheeseburger
- Spicy Breaded Chicken Sandwich
- Popcorn Chicken
- Dinner Roll

### Deli Grab and Go

- Popcorn Chicken Salad
- Dinner Roll
- Sun Butter & Jelly Sandwich
- Turkey & Cheese Sub

### Fruit and Vegetable Sides

- Fresh Apple Wedges
- Diced Pears
- Steamed Carrots
- Fresh Spinach with Strawberries
- Celery Sticks

### Milk, Juice, & Condiments

- Fruit Juice
- 1% Milk
- Chocolate Skim Milk
- Ketchup
- Mayonnaise
- Mustard
- Margarine
- Ranch Dressing
- BBQ Sauce
- Taco Sauce

**4**

### Home Features

- Tortilla Scoops
- Beef Taco Topping
- Cheese Sauce

### Pizza

- Cheese Pizza
- Sausage Pizza

### Grill Served Daily

- French Fries
- Hamburger
- Breaded Chicken Sandwich
- Cheeseburger
- Popcorn Chicken
- Dinner Roll

### Deli Grab and Go

- All-American Cobb Salad
- Dinner Roll
- Sun Butter & Jelly Sandwich
- Ham & Cheese Sub

### Fruit and Vegetable Sides

- Fresh Cantaloupe
- Mandarin Oranges
- Fresh Broccoli
- Garden Salad
- Roasted Mexican Red Potatoes

### Milk, Juice, & Condiments

- Apple Juice
- 1% Milk
- Chocolate Skim Milk
- Ketchup
- Mayonnaise
- Mustard
- Margarine
- Ranch Dressing
- BBQ Sauce
- Taco Sauce

**7****Home Features**

- Boneless Honey Sriracha Chicken Wings
- Dinner Roll

**Pizza**

- Cheese Pizza
- Sausage Pizza

**Grill Served Daily**

- French Fries
- Hamburger
- Cheeseburger
- Breaded Chicken Sandwich
- Popcorn Chicken
- Dinner Roll

**Deli Grab and Go**

- Vegetable Baja Salad
- Tortilla Scoops
- Sun Butter & Jelly Sandwich
- Turkey & Cheese Sub

**Fruit and Vegetable Sides**

- Fresh Banana
- Pineapple Tidbits
- French Fries
- Fresh Broccoli
- Garden Salad

**Milk, Juice, & Condiments**

- Apple Juice
- 1% Milk
- Chocolate Skim Milk
- Ketchup
- Mayonnaise
- Mustard
- Margarine
- Ranch Dressing
- BBQ Sauce
- Taco Sauce

**8****Home Features**

- Sweet and Sour Popcorn Chicken w/ Broccoli
- Vegetarian Fried Rice

**Pizza**

- Cheese Pizza
- Pepperoni Pizza

**Grill Served Daily**

- French Fries
- Hamburger
- Cheeseburger
- Spicy Breaded Chicken Sandwich
- Popcorn Chicken
- Dinner Roll

**Deli Grab and Go**

- Spicy Popcorn Chicken Salad
- Dinner Roll
- Sun Butter & Jelly Sandwich
- Ham & Cheese Sub

**Fruit and Vegetable Sides**

- Fresh Orange
- Applesauce
- Orange Glazed Carrots
- Fresh Spinach with Strawberries
- Three Bean Salad

**Milk, Juice, & Condiments**

- Fruit Juice
- 1% Milk
- Chocolate Skim Milk
- Ketchup
- Mayonnaise
- Mustard
- Margarine
- Ranch Dressing
- BBQ Sauce
- Taco Sauce

**9****Home Features**

- Beef Meatball Romano
- Spaghetti
- Parm It Topping

**Pizza**

- Cheese Pizza
- Spicy Pepperoni Pizza

**Grill Served Daily**

- French Fries
- Hamburger
- Cheeseburger
- Breaded Chicken Sandwich
- Popcorn Chicken
- Dinner Roll

**Deli Grab and Go**

- Breaded Chicken Filet Caesar Salad
- Dinner Roll
- Sun Butter & Jelly Sandwich
- All-American Sub

**Fruit and Vegetable Sides**

- Fresh Watermelon Cubes
- Diced Peaches
- Fresh Zucchini
- Garden Salad
- Seasoned Green Peas

**Milk, Juice, & Condiments**

- Orange Juice
- 1% Milk
- Chocolate Skim Milk
- Ketchup
- Mayonnaise
- Mustard
- Margarine
- Ranch Dressing
- BBQ Sauce
- Taco Sauce

**10****Home Features**

- Nacho Cheese Walking Taco

**Pizza**

- Cheese Pizza
- Pepperoni Pizza

**Grill Served Daily**

- French Fries
- Hamburger
- Cheeseburger
- Spicy Breaded Chicken Sandwich
- Dinner Roll
- Popcorn Chicken

**Deli Grab and Go**

- All-American Cobb Salad
- Dinner Roll
- Sun Butter & Jelly Sandwich
- Turkey & Cheese Sub

**Fruit and Vegetable Sides**

- Fresh Apple Wedges
- Diced Pears
- Kickin' Pintos
- Celery Sticks
- Fresh Spinach with Strawberries

**Milk, Juice, & Condiments**

- Fruit Juice
- 1% Milk
- Chocolate Skim Milk
- Ketchup
- Mayonnaise
- Mustard
- Margarine
- Ranch Dressing
- BBQ Sauce
- Taco Sauce

**11****Home Features**

- Country Fried Steak
- Dinner Roll
- Country Gravy

**Pizza**

- Cheese Pizza
- Meat Lover's Pizza

**Grill Served Daily**

- French Fries
- Hamburger
- Cheeseburger
- Breaded Chicken Sandwich
- Popcorn Chicken
- Dinner Roll

**Deli Grab and Go**

- Turkey Chef Salad
- Dinner Roll
- Sun Butter & Jelly Sandwich
- Ham & Cheese Sub

**Fruit and Vegetable Sides**

- Fresh Cantaloupe
- Mandarin Oranges
- Garden Salad
- Mashed Potatoes
- Red Peppers Fresh

**Milk, Juice, & Condiments**

- Apple Juice
- 1% Milk
- Chocolate Skim Milk
- Ketchup
- Mayonnaise
- Mustard
- Margarine
- Ranch Dressing
- BBQ Sauce
- Taco Sauce

**14****Home Features**

- Chicken Quesadilla

**Pizza**

- Cheese Pizza
- Cheeseburger Pizza

**Grill Served Daily**

- French Fries
- Hamburger
- Breaded Chicken Sandwich
- Cheeseburger
- Popcorn Chicken
- Dinner Roll

**Deli Grab and Go**

- Vegetable Baja Salad
- Tortilla Scoops
- Sun Butter & Jelly Sandwich
- Turkey & Cheese Sub

**Fruit and Vegetable Sides**

- Pineapple Tidbits
- Garden Salad
- Green Beans with Margarine

**Milk, Juice, & Condiments**

- Apple Juice
- 1% Milk
- Chocolate Skim Milk
- Ketchup
- Mayonnaise
- Mustard
- Margarine
- Ranch Dressing
- BBQ Sauce
- Taco Sauce

**15****Home Features**

- Breaded Chicken Drumstick
- Waffles

**Pizza**

- Cheese Pizza
- Pepperoni Pizza

**Grill Served Daily**

- French Fries
- Hamburger
- Cheeseburger
- Spicy Breaded Chicken Sandwich
- Popcorn Chicken
- Dinner Roll

**Deli Grab and Go**

- Spicy Popcorn Chicken Salad
- Dinner Roll
- Sun Butter & Jelly Sandwich
- Ham & Cheese Sub

**Fruit and Vegetable Sides**

- Fresh Orange
- Applesauce
- Fresh Spinach with Strawberries
- French Fries
- Fresh Broccoli

**Milk, Juice, & Condiments**

- Fruit Juice
- 1% Milk
- Chocolate Skim Milk
- Ketchup
- Mayonnaise
- Mustard
- Margarine
- Ranch Dressing
- BBQ Sauce
- Taco Sauce

**16****Home Features**

- Chicken Mashed Potato Bowl
- Dinner Roll

**Pizza**

- Cheese Pizza
- Spicy Sausage Pizza

**Grill Served Daily**

- French Fries
- Hamburger
- Breaded Chicken Sandwich
- Cheeseburger
- Popcorn Chicken
- Dinner Roll

**Deli Grab and Go**

- Breaded Chicken Filet Caesar Salad
- Dinner Roll
- Sun Butter & Jelly Sandwich
- All-American Sub

**Fruit and Vegetable Sides**

- Fresh Watermelon Cubes
- Diced Peaches
- Garden Salad
- Fresh Cauliflower
- Vegetarian Baked Beans

**Milk, Juice, & Condiments**

- Orange Juice
- 1% Milk
- Chocolate Skim Milk
- Ketchup
- Mayonnaise
- Mustard
- Margarine
- Ranch Dressing
- BBQ Sauce
- Taco Sauce

**17****Home Features**

- Nacho Cheese Walking Taco

**Pizza**

- Cheese Pizza
- Pepperoni Pizza

**Grill Served Daily**

- French Fries
- Hamburger
- Cheeseburger
- Spicy Breaded Chicken Sandwich
- Popcorn Chicken
- Dinner Roll

**Deli Grab and Go**

- All-American Cobb Salad
- Dinner Roll
- Sun Butter & Jelly Sandwich
- Turkey & Cheese Sub

**Fruit and Vegetable Sides**

- Fresh Apple Wedges
- Diced Pears
- Kickin' Pintos
- Celery Sticks
- Fresh Spinach with Strawberries

**Milk, Juice, & Condiments**

- Fruit Juice
- 1% Milk
- Chocolate Skim Milk
- Ketchup
- Mayonnaise
- Mustard
- Margarine
- Ranch Dressing
- BBQ Sauce
- Taco Sauce

**18****Home Features**

- Chicken Egg Roll
- Vegetarian Fried Rice
- Sweet & Sour Sauce

**Pizza**

- Cheese Pizza
- Fully Loaded Pizza

**Grill Served Daily**

- French Fries
- Hamburger
- Breaded Chicken Sandwich
- Cheeseburger
- Popcorn Chicken
- Dinner Roll

**Deli Grab and Go**

- Turkey Chef Salad
- Dinner Roll
- Sun Butter & Jelly Sandwich
- Ham & Cheese Sub

**Fruit and Vegetable Sides**

- Fresh Cantaloupe
- Mandarin Oranges
- Orange Glazed Carrots
- Garden Salad
- Fresh Grape Tomatoes

**Milk, Juice, & Condiments**

- Apple Juice
- 1% Milk
- Chocolate Skim Milk
- Ketchup
- Mayonnaise
- Mustard
- Margarine
- Ranch Dressing
- BBQ Sauce
- Taco Sauce

**21****Home Features**

- Fish Sticks
- Macaroni & Cheese

**Pizza**

- Cheese Pizza
- Spicy Pepperoni Pizza

**Grill Served Daily**

- French Fries
- Hamburger
- Breaded Chicken Sandwich
- Cheeseburger
- Popcorn Chicken
- Dinner Roll

**Deli Grab and Go**

- Italian Salad w/ Ham
- Dinner Roll
- Sun Butter & Jelly Sandwich
- Turkey & Cheese Sub

**Fruit and Vegetable Sides**

- Fresh Banana
- Pineapple Tidbits
- Seasoned Golden Corn
- Baby Carrots
- Garden Salad

**Milk, Juice, & Condiments**

- Orange Juice
- 1% Milk
- Chocolate Skim Milk
- Ketchup
- Mayonnaise
- Mustard
- Margarine
- Ranch Dressing
- BBQ Sauce
- Taco Sauce

**22****Home Features**

- Country Fried Steak
- Dinner Roll
- Country Gravy

**Pizza**

- Cheese Pizza
- Pepperoni Pizza

**Grill Served Daily**

- French Fries
- Hamburger
- Cheeseburger
- Spicy Breaded Chicken Sandwich
- Popcorn Chicken
- Dinner Roll

**Deli Grab and Go**

- Breaded Chicken Filet Caesar Salad
- Dinner Roll
- Sun Butter & Jelly Sandwich
- Ham & Cheese Sub

**Fruit and Vegetable Sides**

- Fresh Orange
- Applesauce
- Fresh Cucumber Slices
- Fresh Spinach with Strawberries
- Mashed Potatoes

**Milk, Juice, & Condiments**

- Fruit Juice
- 1% Milk
- Chocolate Skim Milk
- Ketchup
- Mayonnaise
- Mustard
- Margarine
- Ranch Dressing
- BBQ Sauce
- Taco Sauce

**23****Home Features**

- BBQ Pork Riblet Sandwich

**Pizza**

- Cheese Pizza
- Sausage Pizza

**Grill Served Daily**

- French Fries
- Hamburger
- Breaded Chicken Sandwich
- Cheeseburger
- Popcorn Chicken
- Dinner Roll

**Deli Grab and Go**

- Turkey Chef Salad
- Dinner Roll
- Sun Butter & Jelly Sandwich
- All-American Sub

**Fruit and Vegetable Sides**

- Fresh Watermelon Cubes
- Diced Peaches
- Cinnamon Sweet Potato
- Celery Sticks
- Garden Salad

**Milk, Juice, & Condiments**

- Orange Juice
- 1% Milk
- Chocolate Skim Milk
- Ketchup
- Mayonnaise
- Mustard
- Margarine
- Ranch Dressing
- BBQ Sauce
- Taco Sauce

**24****Home Features**

- Hot Dog on a Bun

**Pizza**

- Cheese Pizza
- Pepperoni Pizza

**Grill Served Daily**

- French Fries
- Hamburger
- Cheeseburger
- Spicy Breaded Chicken Sandwich
- Popcorn Chicken
- Dinner Roll

**Deli Grab and Go**

- Popcorn Chicken Salad
- Dinner Roll
- Sun Butter & Jelly Sandwich
- Turkey & Cheese Sub

**Fruit and Vegetable Sides**

- Fresh Apple Wedges
- Diced Pears
- Chipotle Campfire Beans
- Fresh Grape Tomatoes
- Fresh Spinach with Strawberries

**Milk, Juice, & Condiments**

- Fruit Juice
- 1% Milk
- Chocolate Skim Milk
- Ketchup
- Mayonnaise
- Mustard
- Margarine
- Ranch Dressing
- BBQ Sauce
- Taco Sauce

**25****Home Features**

- Boneless Honey Sriracha Chicken Wings
- Dinner Roll

**Pizza**

- Cheese Pizza
- Meat Lover's Pizza

**Grill Served Daily**

- French Fries
- Hamburger
- Breaded Chicken Sandwich
- Cheeseburger
- Popcorn Chicken
- Dinner Roll

**Deli Grab and Go**

- All-American Cobb Salad
- Dinner Roll
- Sun Butter & Jelly Sandwich
- Ham & Cheese Sub

**Fruit and Vegetable Sides**

- Fresh Cantaloupe
- Mandarin Oranges
- Broccoli with Margarine
- Red Peppers Fresh
- Garden Salad

**Milk, Juice, & Condiments**

- Apple Juice
- 1% Milk
- Chocolate Skim Milk
- Ketchup
- Mayonnaise
- Mustard
- Margarine
- Ranch Dressing
- BBQ Sauce
- Taco Sauce

**28****Home Features**

- Chicken & Chili Crisпитos
- Sante Fe Rice
- Cheese Sauce

**Pizza**

- Cheese Pizza
- Taco Pizza

**Grill Served Daily**

- French Fries
- Hamburger
- Breaded Chicken Sandwich
- Cheeseburger
- Popcorn Chicken
- Dinner Roll

**Deli Grab and Go**

- Vegetable Baja Salad
- Tortilla Scoops
- Sun Butter & Jelly Sandwich
- Turkey & Cheese Sub

**Fruit and Vegetable Sides**

- Fresh Banana
- Pineapple Tidbits
- Baby Carrots
- Garden Salad
- Chipotle BBQ Black Beans

**Milk, Juice, & Condiments**

- Apple Juice
- 1% Milk
- Chocolate Skim Milk
- Ketchup
- Mayonnaise
- Mustard
- Margarine
- Ranch Dressing
- BBQ Sauce
- Taco Sauce

**29****Home Features**

- Tater Bite Beef Nachos
- Dinner Roll

**Pizza**

- Cheese Pizza
- Pepperoni Pizza

**Grill Served Daily**

- French Fries
- Hamburger
- Cheeseburger
- Spicy Breaded Chicken Sandwich
- Popcorn Chicken
- Dinner Roll

**Deli Grab and Go**

- Spicy Popcorn Chicken Salad
- Dinner Roll
- Sun Butter & Jelly Sandwich
- Ham & Cheese Sub

**Fruit and Vegetable Sides**

- Fresh Orange
- Applesauce
- Seasoned Green Beans
- Red Peppers Fresh
- Fresh Spinach with Strawberries

**Milk, Juice, & Condiments**

- Fruit Juice
- 1% Milk
- Chocolate Skim Milk
- Ketchup
- Mayonnaise
- Mustard
- Margarine
- Ranch Dressing
- BBQ Sauce
- Taco Sauce

**30****Home Features**

- 6" Flour Tortilla
- Beef Taco Topping
- Cheddar Cheese Shreds

**Pizza**

- Cheese Pizza
- Fully Loaded Pizza

**Grill Served Daily**

- French Fries
- Hamburger
- Breaded Chicken Sandwich
- Cheeseburger
- Popcorn Chicken
- Dinner Roll

**Deli Grab and Go**

- Breaded Chicken Filet Caesar Salad
- Dinner Roll
- Sun Butter & Jelly Sandwich
- All-American Sub

**Fruit and Vegetable Sides**

- Fresh Watermelon Cubes
- Diced Peaches
- Fresh Zucchini
- Garden Salad
- Roasted Mexican Red Potatoes

**Milk, Juice, & Condiments**

- Orange Juice
- 1% Milk
- Chocolate Skim Milk
- Ketchup
- Mayonnaise
- Mustard
- Margarine
- Ranch Dressing
- BBQ Sauce
- Taco Sauce

**31****Home Features**

- Cheese & Bacon Baked Potato
- Dinner Roll

**Pizza**

- Cheese Pizza
- Pepperoni Pizza

**Grill Served Daily**

- French Fries
- Hamburger
- Cheeseburger
- Spicy Breaded Chicken Sandwich
- Popcorn Chicken
- Dinner Roll

**Deli Grab and Go**

- All-American Cobb Salad
- Dinner Roll
- Sun Butter & Jelly Sandwich
- Turkey & Cheese Sub

**Fruit and Vegetable Sides**

- Fresh Apple Wedges
- Diced Pears
- Three Bean Salad
- Fresh Spinach with Strawberries
- Seasoned Golden Corn

**Milk, Juice, & Condiments**

- Fruit Juice
- 1% Milk
- Chocolate Skim Milk
- Ketchup
- Mayonnaise
- Mustard
- Margarine
- Ranch Dressing
- BBQ Sauce
- Taco Sauce

**Middle School Daily Entrees:** Hamburger, Chicken Patty Sandwich, Veggie Burger, Golden Crispy Chicken Tenders, Grilled Three Cheese Sandwich, Hot Dog

**Daily Milk Options:** 1% Milk, Skim Milk, Chocolate Skim Milk

More Details: [vailschooldistrict.nutrislice.com/menu/old-vail-middle/lunch/](https://vailschooldistrict.nutrislice.com/menu/old-vail-middle/lunch/)

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